

December 2008

Dear St. Michael families,

St. Michael has a very rich and proud tradition in interscholastic athletics. While we have had challenges, we always strive to best represent St. Michael school at all times. The goal is to provide the best possible athletic experience as part of the overall St. Michael School environment. While academics are and will always be the top priority, participation in athletics can be a tremendous way to learn life lessons and promote physical fitness.

To help clarify the expectations of the St. Michael School athletic program and provide the rules of participation in advance of committing to a team, we have created the enclosed comprehensive school athletics handbook. All St. Michael student athletes and their families are considered a part of this program, including non athletes in attendance at games and matches as spectators and fans.

While comprehensive, this handbook cannot practically address every possible situation which may arise as part of the St. Michael School athletic program. What the handbook does provide are the proper methods to manage the key aspects of athletics from player and fan behavior and Christian modeling, team selections, coach/parent/athlete requirements, injuries, incident escalations, to other grievances, etc.

Please take time to review this handbook carefully and share it with your student athletes. Each student who may possibly participate (even if you aren't sure) as well as a parent or guardian needs to sign the waiver and acknowledgement form located at the end of the handbook. This form need only be signed once as a family for each school year. **If you are currently participating in a sport at St. Michael, the form needs to be signed by the parent and each child participating and returned to your coach(-es) no later than January 15, 2009 (please photocopy as needed). If you are not participating in a sport, the form needs to be signed and returned by January 30, 2009 to the school office in care of the Athletic Director. Failure to sign by the dates above will result in suspension from practices and games until signed. Sign ups for future sports will require a signed form.**

We appreciate the interest and support of each St. Michael family. We hope this handbook will make for as smooth and positive an experience as possible.

Sincerely,

The St. Michael School Athletic Board

ATHLETICS AT ST. MICHAEL

A Guide for Coaches, Students, and Parents

The Mission of the Athletic Association is:

“To enhance the value of Community and Family through teamwork and sportsmanship. We pledge to foster collaborative relationships with student-athletes in a nurturing environment that will enhance intellectual, ethical, spiritual, athletic and social development.”

Note: If a student participates in the St. Michael Athletic Program, both the student-athlete and the parent must sign the attached form. Only one form is required per student per year. If the student is currently involved in a sport or has already participated in a sport for the 2008-09 school year, please return the signed form to the team coach. Those students enrolling in the other sports will be asked to turn in the forms to their coach prior to the beginning of the season.

Sports at St. Michael

Girls Basketball (grades 4-8)

Football (grades 4-8)

Girls Volleyball (grades 4-8)

Boys Basketball (grades 4-8)

Boys Volleyball (grades 4-8)

Cheerleading (grades 3-8)

Girls Soccer (grades 3-8)

Boys Soccer (grades 3-8)

Introduction

This handbook has been prepared to make information and suggestions readily available to you and to help in making your family's athletic experience at St. Michael School as successful as possible.

St. Michael School does not discriminate on the basis of race, color, sex, national or ethnic origin in its admission or hiring policies, educational programs, athletics, or any other school administered program.

The educational impact of participating in an athletic program is unique. Participation can

- improve and educate for life-long health;
- increase self-confidence and self-esteem;
- promote higher academic performance;
- nurture the development of an inner sense of fair play and good sportsmanship;
- provide a bridge to unify different populations; and
- contribute to the "sound body, sound mind" philosophy so essential in the character-building process.

A well balanced athletic program focuses on good sportsmanship through activities where skill development, team work, team achievement, and personal growth are emphasized.

Athletic Mission Statement

The St. Michael Athletic Program provides an instructional and competitive sports program as an extension of the St. Michael School academic and faith based curriculum. Participants will learn the fundamentals of each sport and will be given the opportunity to develop strong, healthy, and disciplined minds and bodies. Participants will also develop a sense of good sportsmanship, fair play and school spirit.

Your presence on an athletic squad and as a parent supporting an athletic team draws the focus of public attention to you as a representative of St. Michael School. Mature behavior must be displayed in the gymnasium, on the field, in the classroom, at home, and in public at all times. Assume more than your share of this responsibility, and St. Michael School athletes will be respected and admired everywhere as champion citizens as well as fine athletes.

The actions and behavior of the participating students, as well as their fans (parents, siblings, relatives, friends) are a direct reflection of their own selves and St. Michael School and Parish.

St. Michael has a great tradition in interscholastic athletics. Our athletic teams are respected by all. Your decision to participate on an athletic team at St. Michael indicates

that you are willing to make a commitment to uphold the strong Christian tradition that has been earned by many great athletes/students.

After reading this handbook, both the athlete and a parent must sign and return the form inside the back cover. These signatures indicate that both the athlete and the parent have read the handbook and agree to the policies and procedures described within. The parent's signature also serves as permission for his or her son or daughter to participate on an athletic team, and commitment to follow the athletic code. Serious infractions or complaints will result in the student athlete or fan being required to appear before the St. Michael School Athletic Board Grievance Committee.

Grievance Committee

To help families and coaching staffs and administrators best handle discipline or other serious concerns, a Grievance Committee has been established. The committee shall be made up of representative athletic board members, the Athletic Director, and the school Principal or a designated member of the school administration. The Committee shall have final say in resolving issues brought before it.

There will unfortunately be the need from time to time to address serious infractions of this handbook such as inappropriate player or fan behavior before, during, or after a game or other disruptive and unsportsmanlike behavior and behavior not fitting a Catholic, Christian environment that our school, parish and guests expect. Such persons involved in any such incidences will be required to appear before the Grievance Committee for a review of the circumstances and resolution of the matter and any discipline or changes that result.

To help foster positive parent-coach communications and to ensure fairness and level-headed discussions are achieved; the following are the minimum requirements:

Appropriate Concerns to Address with Coaches

- the treatment of your child
- ways to help your child improve
- concerns about your child's behavior

Issues not appropriate to discuss with coaches

- playing time
- team strategy
- play calling
- other players

Procedures for meetings between the coach and parent

- Contact the coach to set an appointment using the most effective method of contact communicated by the coach (i.e. home phone, cell phone, e-mail).

- If the coach cannot be reached or does not return your call in a reasonable amount of time (a minimum of 24 hours), contact the sport coordinator to schedule a conference.
- Do **not** confront a coach before, during, or after a game or practice.
- During the meeting, coach and parent must allow the other to express their view of the issue.
- Strive to reach a collaborative resolution to the issue.
- If resolution at the parent/coach level is not reached, the parent may contact the sport coordinator. If this is not successful, contact the Athletic Director to schedule a conference.
 - The parent, athlete, coach, sport coordinator and Athletic Director must be present at the meeting.
- If resolution is not reached at the parent/coach and sport coordinator level, the parent may ask the Athletic Director to contact the School Administration to schedule a conference
 - The parent, athlete, coach, Athletic Director and School Administrator must be present at the meeting.

Depending on the severity of the issue, the timing for appearances before the Grievance Committee will be determined on a case by case basis. “Time is of the essence” will be the overall goal so as to both allow a cooling off period, if necessary, as well as to avoid issues to linger unresolved. All parties shall make themselves available at the earliest possible time.

Any discipline determined will be the responsibility of the Grievance Committee and will be the final determination in the matter.

Athletic Program Philosophy

St. Michael Catholic School is concerned with the development of the WHOLE person, the religious, moral, social, and academic dimensions as well as physical development. The St. Michael Athletic Association believes that participation in athletics is an important part of student development. Through participation in the St. Michael Athletic Program students may develop life-long skills and positive values. These values include leadership, healthful living habits, self-discipline, integrity, team work, respect for rules and regulations, and the ability to participate with dignity and grace. Participation in the athletic program at St. Michael is a privilege and not a right.

Goals of the Athletic Program

- to compete vigorously for success but with an overarching goal for participation and game experience for all members of the team who meet the team requirements, e.g. attendance at practices, appropriate behavior, physically fit to participate;
- learning the fundamentals of the sport;
- developing sportsmanship;
- giving student-athletes the experience of being part of a team;
- developing school spirit and team spirit;

- helping student-athletes maintain good health through physical fitness;
- providing an enjoyable recreational activity which can be sustained into adulthood;
- encouraging values of self-discipline, self-confidence, fair play, and cooperation;
- teaching the proper attitude toward winning, losing and competing with dignity.

Responsibility for the Athletic Program

Since school-sponsored athletic programs are an extension of the school and its curriculum, these programs are subject to the authority of the pastor by virtue of his office (Archdiocesan Policy), the principal (Archdiocesan Policy), pertinent local school board policies, the Athletic Director and the Athletic Board.

The Athletic Board administers the Athletic Program in consultation and collaboration with the pastor, principal and Athletic Director.

In regard to the interscholastic sports program, the responsibilities of the Athletic Director and the Athletic Board include:

- establishing and implementing the Mission/Philosophy of the Athletic Program;
- determining eligibility requirements for the student-athlete and ensuring that these are enforced per the student handbook.
- ensuring that all adults in the program, especially the coaching staff, are Christian role models, are qualified to instruct and work with student-athletes, attend Virtus Training and are supportive of the Mission/Philosophy of the Athletic Program. Certain conferences may also require specific training for coaches.
- enforcement of disciplinary actions for code violations to be discussed with student, parents, coaches and athletic director.

The Athletic Board Constitution and By-Laws

The Athletic Board will manage and maintain the Athletic Program; responsibilities will include, but are not limited to the following:

- to act as a liaison between all parties – student-athletes, coaches, parents, school;
- to set criteria, screen, present for approval, and monitor coaches;
- to communicate the Philosophy of the Athletic Program and ensure that it is clearly understood and followed;
- to coordinate, schedule, and supervise other Athletic Program volunteers;
- to determine league participation, the number of games and tournaments;

- to determine how teams will be slated when there is an insufficient number of registered and eligible players per grade or age level;
- to determine how teams will be slated when the number of registered and eligible players is large or their skills are greatly varied;
- to decide whether a student-athlete can participate in more than one school sport in a season;
- to manage the tryout/selection process in conjunction with the sport directors and coaches to ensure players are grouped appropriately per skill level (i.e. fourth grade teams if more than one per sport are evenly divided for a balanced blend of skill levels, size, etc. For upper grades with “A” and “B” teams, that all tryouts and selections are transparent and accurately reflect the true capabilities of the players for that season;
- to coordinate scheduling of practices, games, and tournaments;
- to set participation fees;
- to raise funds;
- to develop, communicate, and maintain standards of safety;
- to develop guidelines for searching student-athletes and/or seizing their possessions;
- to develop and communicate an "Emergency Plan" for unexpected occurrences at games and practices;
- to develop a plan for "crowd control" to be put into effect as needed;
- to establish a procedure for Grievance/Conflict Resolution;
- to review and evaluate the rules, regulations, and eligibility standards;
- to perform any other duties to fulfill the Athletic Program objectives.

Other Considerations for Athletic Program Participation

The Athletic Director/Board will determine the sports programs that eligible student-athletes will participate in. A limit of the number of practices, games, and tournaments and the time of the practices, games, and tournaments will be determined by the Athletic Director/Board in consideration of the child's age, physical development and academic responsibilities and the opportunity for a balanced family life.

There will be A/B level teams for each sport as allowed by athlete participation, league limits, coaching positions, gym availability and other discretion. Tryouts will determine player skill level. Once placed on a team, a player will not be switched to another team or given a monetary refund if participation is withdrawn.

Traditionally, there have been both A and B level teams at the 6th, 7th, and 8th grade levels and it is the goal to maintain this structure. However, with each season, the sport coordinator(s) will make the decision as to what levels afford the student athletes and the program in general the best opportunities and as such may vary from year to year.

Academic Responsibilities

Student athletes are expected to earn acceptable grades in their classroom work. Should academic issues arise; the student athlete's situation will be reviewed on a case by case

basis by the school Principal and the Athletic Director, sport coordinators, and the coach as necessary.

Coaches, Selection, Roles, Responsibilities

The coach has the greatest responsibility as well as the greatest opportunity to guide and influence the student-athlete. Coaches assume the role of teacher, mentor, and minister to young people in their charge. A coach's attitude and behavior are critical to modeling good Christian Catholic sportsmanship both in word and in deed.

The final selection of all head coaches will be decided upon by the Sport Coordinator(s) and Athletic Director.

Criteria for the selection of coaches must include:

- the ability to model Catholic Christian values;
- the ability to articulate the model philosophy and goals of this Athletic Program;
- the ability to supervise and instruct the youth in his or her care responsibly;
- an understanding of the basics of the sport to be coached;
- the ability to develop the potential, confidence, and skills of each student-athlete;
- the ability to separate winning from the more important goals and values of the Athletic Program;
- the ability to model good sportsmanship.

The coaches will be familiar with, adhere to, and support the local athletic Mission Statement and Philosophy and all local policies and guidelines as well as league policies and guidelines. Coaches will be required to attend an informational meeting prior to assuming coaching responsibilities. They will also be required to complete VIRTUS training and maintain its ongoing requirements.

Coaches will be knowledgeable of the rules of the sport and techniques for teaching the fundamentals of the sport. They should use tactics and strategies that are appropriate for the age and skill levels of their student-athletes.

Coaches will model Christian sportsmanship knowing that the school is judged more by the coach's sportsmanship than by his/her record. The coach will teach and guide the team members with a sense of fair play and model winning and losing in a respectful, courteous, and gracious Christian manner.

Coaches will show respect for game officials and opponents and publicly shaking hands with the officials and the opposing coach before and after a game which gives clear witness to this respect. Students will also be required to respectfully shake the opposing teams' hands as a show of good sportsmanship.

The coach will refrain from public protest which may lead to similar behavior from students, parents and other spectators.

Coaches are responsible for the safety and welfare of the team. They are responsible for the equipment issued to them and for the proper use of the facilities where practices and games are held.

Coaches practicing at parish/school facilities will know the proper procedures for entering and securing the building.

Coaches will take necessary precautions to protect all clothing and valuables of the student-athletes. Students will also be held responsible for their belongings. A great amount of money is spent every year to purchase and maintain our facilities and equipment. Your parents, your friends and you help to finance our program in various ways. Do your part to help keep these costs down by taking pride in what we have and in exercising good judgment in its use.

Coaches will carry with them at all times pertinent information on every student-athlete in their care in case of an emergency. The emergency card should list obvious problems such as asthma, heart problems, and diabetes. The card should specify allergies, including bee stings, food, poison ivy, etc as well as emergency contact information for parents and guardians. A FIRST AID kit should be at all games and practices.

Coaches may never administer medication.

Coaches will attend all practices and games. They are responsible to make sure that there is proper adult (a person of at least 21 years of age) supervision in their absence. They are responsible for student-athlete conduct and behavior at practices and games.

Coaches will teach the rules of the sport and develop each player's skills within the framework of team concept. They must help each player develop self-confidence, discipline and sportsmanship and make participation a learning experience for all.

Coaches will follow the playing time guidelines as detailed in the Handbook's Playing Time section.

Coaches will be fair and unprejudiced in their relationships with student-athletes and their parents. They must be objective when they evaluate talent.

Coaches will plan for proper physical conditioning of the student-athletes. Practices should begin with stretching and warm-up exercises and end with cool downs.

Coaches will ensure that student-athletes wear the appropriate uniform, all proper safety equipment, and any other expected attire.

Coaches will strive for always having a second adult present for all practices and games. Coaches should discipline inappropriate student-athlete behavior or disrespect. However, the coach may never resort to physical or verbal abuse or profanity. Coaches should know the difference between punitive touching (physical discipline) and corrective touching (correcting a student-athlete's hold on a ball); the former is prohibited while the

latter is not. Coaches will also take care that touching a student-athlete will never be interpreted in a sexual manner. Coaches must use common sense and maturity resolving problems and conflicts. Coaches will be assisted in conflict resolution by the support of the Athletic Board and Athletic Director.

Coaches will keep objective, factual written records of problems concerning attitude and/or behavior. These records are important when a discipline matter leads to the suspension and/or expulsion of a student-athlete from the Athletic Program. Coaches should immediately report disciplinary problems to the Athletic Board so that the Athletic Board can take appropriate disciplinary measures. An incident form will be provided for tracking purposes.

Coaches will communicate the schedule of practices, games or any cancellations or alterations to the student-athletes and their parents in a timely manner. Coaches cannot assume that players will get the message home. Use of email may be a preferred mode to help ensure all communications are easily accessible by the parents/guardians. In any case, the preferred and most effective method of communication will be clearly stated by the coach.

Coaches will keep a written record of accidents and injuries and parents should be notified of the same. While it may be impossible to document every injury and its source, an honest effort to document and notify parents in a timely manner is important for the safety and security of the student-athletes. Accidents or injuries requiring medical attention will also be communicated to the Athletic Board. An incident form will be provided for this purpose and is to be completed by the coach and signed by all parties involved (a parent or guardian (or coach if neither are present) may sign for the injured student athlete).

Coaches should give each student-athlete an on-going opportunity to participate. Consideration will be given to behavior, eligibility, effort and attitude of student athletes at both practice and games. Our goals remain to educate, teach, develop and keep our athletes safe, while being competitive.

Playing Time

While playing time is often the most sought after aspect of sports participation, it is frequently a source of misunderstanding and conflict among coaches, student-athletes and parents. Each player's amount of playing time will in part reflect his/her ability, effort, attendance at practices and commitment to the team. While "winning" at all costs" will not be the overriding factor for a team, St. Michael athletics participate in competitive leagues and as such while every attempt will be made to provide playing time, it is not guaranteed, particularly at the "A" levels,. Missing practices without cause or excessive absences can result in reduced playing time and even exclusion from the team. Playing time may also be reduced as a disciplinary action, (i.e. when a player loses self-control or engages in other conduct unbecoming a Christian student athlete) or for any violation of the athletic or academic code.

Specifically in basketball, the programs in grades 4 and 5 are primarily instructional. As such, each child will likely play in each game, assuming they meet all eligibility requirements. Every attempt will be made to have each participant play as much as possible while balancing the playing time for all. Exceptions to the playing time requirement may be made for tournaments, playoff games, teams in excess of ten participants, and other extenuating circumstances.

The programs in grade 6, 7, and 8 are viewed as more competitive. Every attempt will be made to have each participant play as much as possible. Exceptions to the playing time requirements may be made for tournaments, playoff games, league division (e.g. A & B levels), teams in excess of ten participants and other extenuating circumstances.

For sports which generally have a “no cut” structure, such as football and soccer, student athletes and their families are advised that by virtue of the sheer number of student athletes who may choose to participate, the safety of the player, as well as the competitive needs of the leagues in which the teams participate; playing time may be more limited as a result. As per the provisions above, playing time will be attempted for every student athlete, but is not guaranteed.

Coaches will not:

- submit rosters that are not signed by the Principal, Pastor or Athletic Director;
- play student-athletes who are not on their regular school roster or to roster student-athletes on two school teams in the same sport; and
- join an additional league or tournament without Athletic Board approval.

Any issues raised by parents must be put in writing. All issues will be acknowledged (but not necessarily resolved) within 24-48 hours. Issues should first be raised to the coach. If additional support is needed, the issue should then be raised to the sport coordinator. If that is not successful, the Athletic Director should be contacted. Please refer to the “Parent/Guardian: Expectations and Responsibilities” section for more detail on raising issues or concerns.

Student-Athletes: Expectations and Responsibilities/Athletic Code

1. A code is a system of guiding principles and rules that communicate norms and values and helps individuals distinguish between what is right and what’s wrong. This code outlines St. Michael School expectations for students who choose to be involved in an athletic program.
2. St. Michael School offers an extensive and diverse athletic program to provide additional learning opportunities to students who wish to further develop special interests, skills and talents. Involvement in these activities is voluntary and a privilege; students choosing to participate take on extended responsibilities as representatives of their school and community. These extended responsibilities justify holding students who choose to participate in the athletic program to a higher standard of conduct as a condition of participation.

3. Students who choose to participate in the athletic program are responsible for behaving in accordance with this code.

The Athletic Board will establish the criteria for eligibility. The Athletic Board may request student-athletes to perform the following:

- submit all requested documentation within an established time line;
- meet the academic requirements set by the school;
- present proof of insurance coverage;
- present completed permission forms;
- sign acknowledgment of expectations of behavior, effort and attitude;
- sign an agreement of support of the guidelines and policies of the Athletic Program;
- undergo a physical examination or present a letter attesting to the student-athlete's physical fitness;
- meet age and weight requirements of league/conference regulations; and
- pay all required fees.

Student-athletes will be held to personal, academic and disciplinary standards.

Student-athletes who choose to participate in the Athletic Program of the school are representing the school and the parish at all times. They must act in a manner that reflects favorably upon the school and on themselves. This expectation is not limited on the sports field or court, but should be evident at school, in the community, at other schools, as well as, before, during and after the games. Regulations regarding the proper wearing of the uniform or other specified attire and hairstyles are physical manifestations of this reflection.

The student-athlete is responsible for the uniform issued. If it is lost, stolen, or damaged, an appropriate assessment can be made to replace the uniform. At the end of the season, non-personalized uniforms and equipment should be returned in good, clean, reusable condition as directed by the sport director.

The student-athlete will show respect for coaches and cooperate fully with them. This respect is also given to members of their team, opponents, and officials of the sport. The student-athlete also respects the spectators and fans.

Student-athletes are expected to show good sportsmanship and play by the rules. They should be supportive of the members of their team.

When any student, on or off campus, is subjected to or inflicts verbal or physical harassment, mental or physical discomfort, intimidation, embarrassment, ridicule, bullying, or demeaning activity by an individual student or group of students, it will be deemed as hazing. Any violation will not be tolerated and is subject to suspension or recommendation for expulsion through the Grievance Committee.

Losing self-control, using inappropriate gestures or tone of voice, or foul and abusive language, arguing a referee's call or coach's decision or other signs of disrespect are

grounds/reasons for disciplinary action. Consequences of such behavior could be reduced playing time, or even suspension or expulsion from the team. A student-athlete and/or his/her parents may request a meeting with the Athletic Director/Board regarding a disciplinary situation.

By participating in the Athletic Program, a student-athlete and his/her parents expressly consent to a search of gym bags, uniforms and other athletic gear when the athletic director, the coach, or another school official suspects that the student-athlete possesses drugs, weapons, or anything that might be detrimental to the health and safety of the student-athlete or the team.

Student-athletes are expected to be present and on time for all practice and games. Not attending practices affects the entire team and detracts from the sense of team work that the coaches are striving to achieve. It is the student-athlete's responsibility to notify their coach in the event the student-athlete is unable to attend practices or games. The consequences of missing practices, games and excessive absence may lead to disciplinary action including suspension and exclusion from the team.

A student-athlete who was absent from school due to illness will not be allowed to attend practice or play in a game on the day of the absence.

Parent/Guardian: Expectations and Responsibilities

Parents play an important role in the success of the student-athlete and also in the success of the team. Attendance at a mandatory pre-season orientation session as directed by the coaching staff is required.

Parents will ensure school fees and tuition accounts are current as a condition of student-athlete participation.

Parents are expected, in a respectful manner, to support and encourage their child's efforts. Attending games and cheering the team on is a show of support. Parents are required to act in a responsible manner and show good Christian sportsmanship.

Parents must make no attempt to instruct or direct the play of a student-athlete during practices or games. They must not criticize the playing efforts of any student-athlete, team or competing team.

Parents can be a model for putting losses in perspective and moving on. Questioning, criticizing, or berating the coach, the referees, or any other official is inappropriate behavior and will not be tolerated.

Parents must realize that they will be asked to leave a game or tournament if they are not able to maintain a standard of acceptable behavior.

Parents will be expected to contribute their time and service in support of the team and the Athletic Program. A volunteer program, especially, is dependent upon everyone's

help and support to maintain a high level of quality and success. Parents will be asked to assist as scorekeepers, timekeepers, money or ticket takers, concession workers, to monitor crowd control, or to help with set-up and cleanup. They will be asked to help with and support fund raising.

Parents will provide transportation for their children to and from games and practices.

Parents will assist the student-athlete in maintaining the athletic uniform.

It is the parents' responsibility to ensure that the student-athlete's academics take priority over athletics.

Parents will communicate directly with the coach, athletic director, or Athletic Board on matters of concern. They will do so at the appropriate time, not immediately before, during, or after a game. They will follow procedure and schedule a meeting with the coach, student, parents and athletic director.

- *24 hour "cool down" period – when emotions are high, the likelihood of a positive resolution is low.*
- *issues put in writing via email;*
- *Coach/Director/Athletic Board response (but not necessarily a solution) due within 24 hours.*

Finances

As stated previously in this handbook, athletics at St. Michael are a vital extension of the overall experience, not the primary function. As such, all school tuition and fees due must be current before any athletic fees are paid.

Once all school tuition and fees are paid, all team fees, including fund raising requirements, are to be paid in full as directed by the sport coordinators. Provisions for the children of needy families can be provided to make participation available to these children as well. These situations will be determined on a case-by-case basis. Such requests should be submitted in writing to the Athletic Director.

Amendments

This handbook may be amended or revised as needed by the Athletic Board.

December 2008 - St. Michael School Athletic Board

PARENT WAIVER AND ACKNOWLEDGEMENT

I/we have read and understand the mission of the athletic program. We respect and agree with the regulations stated in this manual and will ensure our child/children abide by all requirements to participate in activities.

We, as parents, agree to the parent code of conduct and will support St. Michael School/Athletic Board.

Signature _____ Date _____
Parent/Guardian

print name: _____

You understand the inherent possibilities of an injury while competing in a sports program and being aware of these give your permission for participation.

Student Acknowledgement

print name signature

print name signature

print name signature

print name signature

print name signature